



# Florida State Council Knights of Columbus



## PRO-LIFE FIVE STAR ACHIEVER AWARD

**REPORTING PERIOD APRIL 13, 2022 TO APRIL 11, 2023**

The Knights of Columbus Pro-Life Five Star Achiever Award is earned by participating in five (5) or more different Public Pro-Life activities in any 12-month period. The form may be submitted at any time up to and including April 15th. Please describe the five events below, obtain the signature of your Grand Knight, and submit the form to your Council's Pro-Life Director:

1.	Date:
2.	Date:
3.	Date:
4.	Date:
5.	Date:

*(Please Print)*

Brother Knight Name:			
Street Address:			
City, State, Zip Code		FL	
Phone:			

Grand Knight's Signature:		Council Number:	
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**DEADLINE: APRIL 11, 2023**



**KNIGHTS OF COLUMBUS  
INDIVIDUAL AND/OR COUNCIL PRO-LIFE 5 STAR ACHIEVER AWARD  
\*\*\*\*\*REQUIREMENTS FOR RECEIVING THE AWARD\*\*\*\*\***



A K of C member must participate in a minimum of five (5) different public Pro-Life activities to qualify for the Florida State Council Pro-Life Five Star Achiever Award. Four out of five activities must have to do with saving babies. Some suggested activities that could be included are:

Pro-Life Masses	Pro-Life Sidewalk Counseling
Pro-Life Parades	Volunteer at Women's Crisis Centers
Pro-Life Rosary Processions	March For Life
Pro-Life Seminars	Catholic Days At the Capitol
Pro-Life Award Dinners	Hike For Life
Run For Life	Prayer Vigil at Abortion Mill
Pro-Life Fundraisers (Laps for Life)	Prayer Vigils (40 Days for Life)

The 5th item can be either a Pro-Life item as described above, or it can also be an item such as:

- Special Olympics Volunteer
- Working/volunteering at a hospice, nursing home, or veterans hospital
- Providing entertainment for the residents of a hospice, nursing home, or Veterans hospital
- Driving a pregnant mom or elderly person to the doctor or shopping.
- Write/Phone/Email Congressman on Pro-Life Laws
- Visit the Sick

Our Holy Father has called us to be a people of LIFE, from conception to natural death, therefore we must be aware of those who are forgotten and left to die. Since it is legal to kill a baby in the womb we must keep this in the forefront. This is why in order to obtain the Pro-Life Five Star Achiever Award one must participate in four different activities dealing with our most vulnerable, the baby in the womb. Volunteering for Special Olympic events is included because many abortions are performed once it is discovered that the baby might have Downs Syndrome, or some other defect.

Private Pro-Life events (such as saying the Rosary privately, or offering up a private intention at Mass) Do Not Count.

Forms may be submitted at any time during the Fraternal Year up to and including April 15th. The Pro-Life Five Star Achiever Award will be presented at the Florida State Convention in May to the District Deputy or Grand Knight to be presented to the individual council members. Complete the form and mail to the State Pro- Life Chair-Couple listed on the form.

**Some Qualifying Events for 5-Star Pro-Life Award – 2022-23**

- Attended any Thursday - 8:30 AM Mass & rosary at SMM/All Women's Health Center.
- Phoned or sent email/letter to Florida State representative or US Congressman regarding a life issue.
- Visited the sick in hospital, nursing home, etc.
- Attended a SMM Respect Life Ministry meeting, any third Wednesday.
- Attended FREE "Luncheon for Life" any month, first Tuesday.
- Attended Life Choices Women's Center Banquet and fundraiser.
- Spent one hour in prayer at Planned Parenthood for 40 Days for Life. Every vigil counts.
- Worked SMM CommunityFest and donate hours to Respect Life Ministry
- Volunteered to help maintain LCWC landscaping.
- Attended Pro-Life Action Ministries banquet and fundraiser.
- Attended Feast of the Holy Innocents prayer service at SMM.
- Attended March-for-Life in St. Augustine
- Spent 1 hour in Adoration of the Holy Eucharist leading up to Roe v. Wade anniversary
- Attended March-for-Life in DC
- Attended or helped at diocesan-sponsored "Celebrate Life"
- Attended "40-Days-4-Life" rally, or 1-hour prayer vigil at Planned Parenthood
- Joined or donated to a Laps-4-Life team.

- LCWC – Life Choices Women's Center
- SMM – St. Mary Magdalen Church
- PLAM – Pro-Life Action Ministries (sidewalk counselors)
- BMCHS – Bishop Moore Catholic High School
- AWHC – All Women's Health Center (abortion facility)